

THE TRAINING PROGRAM & THE SCHEDULE

Anailis 1 (to ACC) = 9 days x 7h

Anailis 2 (from ACC to PCC – for ACC only) = 9 days x 7h

Anailis 3 = 1 + 2 (directly to PCC) = 18 days x 7h

This program is subject to change without notice.

(# x) refers to the 8 ICF competencies

3 days on line	3 days on line	3 days on line	3 days on line	3 days on line	3 days on line
Coaching Foundations	Coaching Techniques	Your Uniqueness	Coaching Mindset	Coaching Techniques II	Your Singularities
April 24-26 2024	June 5-7 2024	July 10-12 2024	September 11-13 2024	October 16-18 2024	December 4-6 2024
Inclusion – Work Frame Definitions – Listening Awareness / Beliefs (#7) – COI Agreement (#3)	Inclusion – Q & A ICF requirements Knowing yourself & respecting others - MBTI	Inclusion – Q & A Listening/Said or not (#6) Practise (aquarium) Practise (trio) - Feedback	Inclusion – Work Frame Logos - Ethos - Pathos Presence / Silence (#5) & Mindfulness – Practise	Inclusion – Q & A Agreement / KPIs (#3) NLP Practise (trio)	Inclusion – Q & A Coaching & Ecology Defining your strategy, making the difference
Inclusion - Ethic & Standards / Integrity (#1) Trust / Respect (#4) Practise (trio)	Presence / Empathy (#5) & Mindfulness – Practise Transactional Analysis & Psychological Games	Your coaching ID Your positioning Coaching & Creativity Testimonies from CEOs	Safety / Vulnerability (#4) Practise (trio) Ethic & Standards / Adapting to identities (#1)	Team & Organization Coaching–Practise (class) Practise (aquarium) Leadership Landmarks	Listening / Clarity (#6) - Practise (aquarium / trio) Awareness / Patterns (#7) Preparing for tomorrow
Coaching mindset / reflectiveness (#2) ICF requirements Q & A – What’s next	Career Management Practise (binomial) Client’s Growth / Autonomy (#8) - Q & A	ACC Evaluation Feedback Key learnings and key take aways - Declusion	Coaching mindset / EQ regulating emotions (#2) ICF requirements Q & A – What’s next	Coaching & AI Coaching & DEI / CSR Client’s Growth / Resources (#8) - Q & A	PCC Evaluation Feedback Key learnings and key take aways - Declusion

- ACC = Associate Certified Coach = the first level of coaching certification by the International Coaching Federation (ICF)
- PCC = Professional Certified Coach = the second level of coaching certification by the International Coaching Federation (ICF)
- 57% of ICF Certified Coaches are ACC
- 40% of ICF Certified Coaches are PCC